

NIA

70th Annual Convention

El Conquistador Resort, Puerto Rico



NIA's Community Will Be Celebrating NIA's 70th Annual Convention Next Spring in Puerto Rico—**Make Sure You Are There, Too!**

NIA's 70th Annual Convention

March 24–26, 2026

El Conquistador Resort
Puerto Rico

KEY DATES AND DEADLINES

February 26, 2026

Advanced Registration, Hotel
Reservation, and Golf Tournament
Deadlines

March 9, 2026

Regular Registration Closes

TOP TIPS FROM NIA STAFF

Before you pack your bags for the iconic El Conquistador Resort, NIA's EVP/CEO Michele M. Jones and Vice President of Events and Education Erin Penberthy have insider advice to help you make the most of this unforgettable destination.

1. Spend the Day at the Exclusive Private Palomino Island

The resort's private 100-acre oasis features pristine white sand and calm turquoise waters, perfect for swimming and snorkeling. The island also has lounge chairs, umbrellas, towels, and an on-site restaurant—just bring your sunscreen and your flip flops! Get there early (complimentary boats depart starting at 10:00 a.m.) to secure the best spot on the beach.

2. Make Dinner Reservations Way in Advance

The resort has more than 20 dining options, including casual spots, bars, and fine dining experiences. Keep in mind that the most popular restaurants book up quickly, especially during peak season.

- **Book Fine Dining First:** For places like BoNo (Spanish fine dining) and Cutz Steakhouse (premium steaks and seafood), make reservations with the concierge before your arrival.
- **Explore Casual Eats:** Don't miss the more casual, yet fantastic, spots, such as Café Bella Vista for al fresco dining or Ballyhoo down by the marina for fresh seafood. La Ezkina offers Mexican food with a Puerto Rican twist.
- **El Cafecito** is your go-to for world-famous Puerto Rican coffee, pastries, and quick breakfast items. This is open 24 hours, so stop by anytime.

3. Don't Miss the Local Excursions

While the resort offers plenty of entertainment, some of Puerto Rico's best adventures are right on your doorstep. Kayak through the bioluminescent bay—one of only five in the world—and watch the water glow, or visit El Yunque National Rainforest, the only tropical rainforest in the United States where you can also zip line and enjoy natural waterslides. To book a tour, contact SALT Tours at 787-863-1000, ext. 7514, 787-433-0781, or Saltours@ConquistadorResort.com.





4. Indulge at Vita Spa

The resort's ultimate relaxation at Vita Spa is newly renovated and offers soothing massage treatments and rejuvenating facials. Plus, NIA attendees receive 10% off advanced reservation services. Book by phone (787-863-1000, ext. 7575) and mention "National Insulation Association," or make an [online reservation](#) and add "National Insulation Association" as a note, and the discount will be applied at the end of your service.

5. Water Parks, Pools, and Adventures for the Whole Family

Coqui Water Park provides fun for the whole family and is included as part of your resort fee. Enjoy the slides, the infinity-edge pool, and the lazy river. The main south pool areas feature hot tubs (one of these is private and overlooks the water), cabanas, and a swim-up bar. With three separate pools, there really is something for everyone!

For more water sports adventures, head to Palomino Island and rent snorkeling gear, paddle boards and kayaks, and jet skis. For more information, email Saltours@ConquistadorResort.com.

6. Book Your Group Transportation

For airport transfers, the hotel partners with the third-party organization First Class Destination Solutions to provide shuttle service from 7:00 a.m. to 9:00 p.m., please [reserve your spot here](#). If you prefer private services, please contact First Class Destination Solutions directly at (787) 296-5466, email them at info@limopr.com, or [reserve your spot here](#). Concierge can assist with arranging taxi services. You may contact them directly at Concierge@ConquistadorResort.com or by calling 787-863-1000, ext. 7003.

7. Choose Your Preferred After-Dinner Vibe

- **Coming Soon: Casablanca** is a brand-new lounge bar, featuring creative cocktails, mood décor, and curated entertainment. It will be open during our event in March.
- **Cigar Bar** offers an intimate, sleek setting and an exceptional collection of world-class cigars. Pair your cigar with a handcrafted cocktail, rare whiskey, or aged rum. The entrance to this bar is hidden and can be accessed from the outside (located toward the Las Brisas guest rooms).
- **Bar 21** is in the heart of the resort lobby, offering the best Caribbean vibes, ocean views, and lively entertainment.

8. Take a Ride on the Funicular (Cable Car)

Built on a cliffside, the El Conquistador Resort is divided into sections—the main lobby level and the marina/water park level—yet all connected by a Funicular, which is a cable railway. Allow ample time (5 to 15 minutes) to ride the Funicular to the marina level to catch the ferry to Palomino Island or to get down to the water park, as it can get busy!

9. Active Adults: So Many Fitness Options

NIA is hosting our Golf Tournament on Tuesday at the on-site course, which we hope you can join us for (separate registration required)! The resort also has bike rentals, tennis and pickleball courts (included as part of your resort fee), as well as two fitness centers (one located at the spa and one near the Las Brisas hotel rooms). Take advantage of these amenities.

10. Singing Coquíes

While on property and in Puerto Rico, keep your eye out for *coquíes*. You will see and hear these native frogs on and near the property, and they particularly love to "sing" at night. If you are a light sleeper and you prefer not to hear their song, we recommend bringing a pair of ear plugs or a sound machine.

11. On-Site Shopping

There are a variety of shops at the hotel to look for souvenirs or anything you may have forgotten to pack. Some of the shops are located near the restaurants in the main hotel building. Other shops can be accessed outdoors as you head toward the Funicular.

12. The Kids Will Love It

Bringing along the family? There are plenty of activities to keep your kids entertained and active:

- Scout About Adventure Program: A scavenger hunt where kids use a map to find checkpoints and collect rubber bracelets to earn a special El Conquistador bracelet.
- Coqui Water Park, with slides and a lazy river.
- Hunt for Coquis, Puerto Rico's first frog.
- Visit with the resident lobby birds.
- Additional kids' activities happen weekly. Stop by the hotel's concierge to learn more!

13. No Passport Required

Remember, Puerto Rico is a U.S. territory, so U.S. citizens do not need a passport to travel!