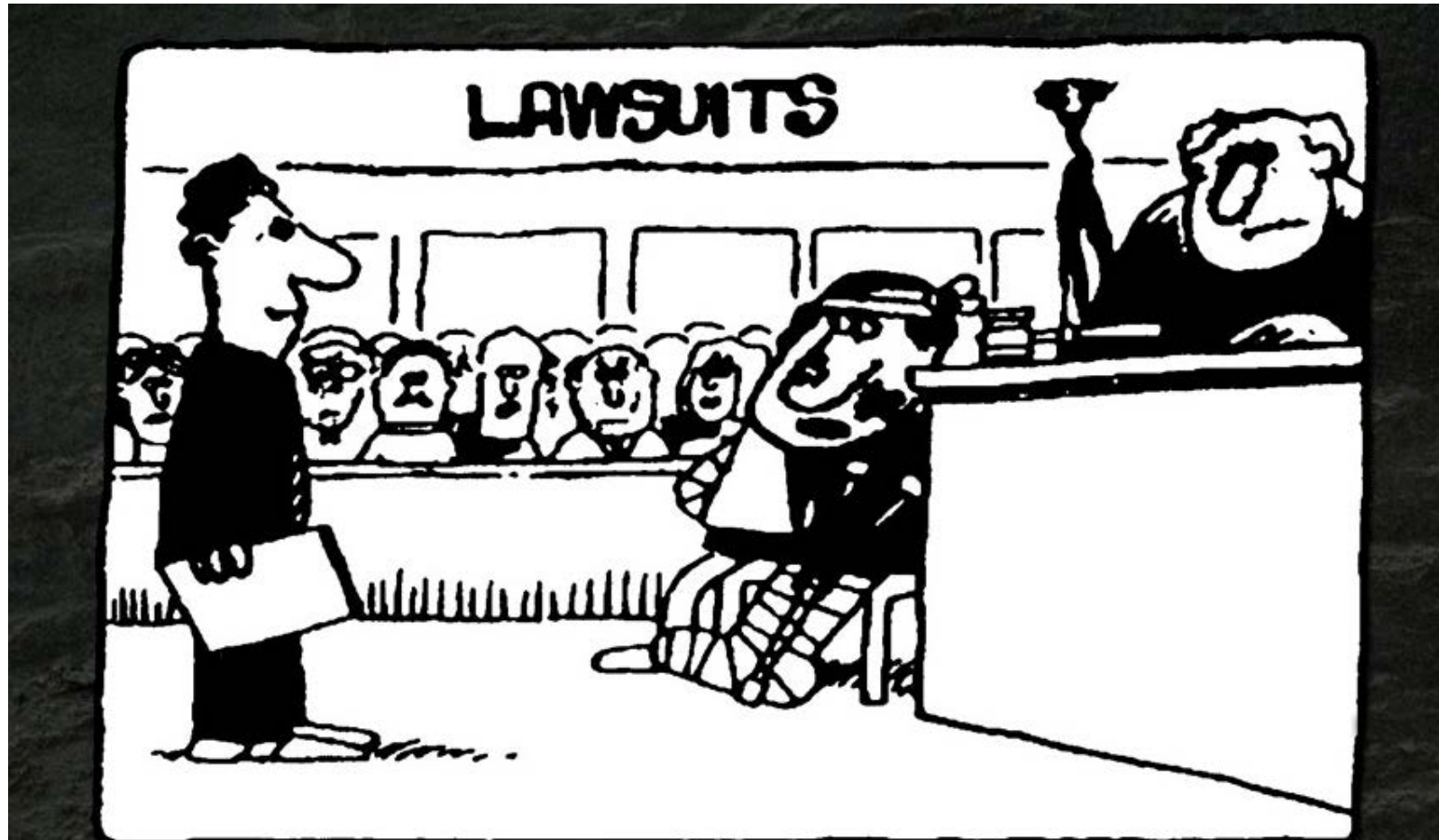


# WORKERS' COMPENSATION BEST PRACTICES

Jason Spandet  
Risk and Insurance Manager  
Performance Contracting Group

**NIA** | National Insulation  
Association<sup>®</sup>

THE VOICE OF THE INSULATION INDUSTRY™



"I didn't know the extent of my injuries until I was examined by my lawyer."



HOW CAN WE  
REDUCE WORKERS'  
COMP COSTS?

# HOW CAN WE REDUCE WORKERS' COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

Documentation

Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

# HOW CAN WE REDUCE WORKERS' COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

Documentation

Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

# SAFETY PROGRAM

- Training
- Job Hazard Analysis
- Work Site Evaluation and Inspections
- Claim Review Committees
- Corrective Actions



# HOW CAN WE REDUCE WORKERS' COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

Documentation

Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

# EMPLOYER RESPONSE TO AN INJURY

- **Early Intervention**
  - Compensability Determination
- **Establishing Employee Expectations**
  - Set out during New Hire Orientation
- **Implement Post-Accident Drug Testing**
- **Emphasize Safety in Company Policies & Procedures**

What is the  
**EMPLOYER'S**  
**ROLE** when an  
injury occurs?



# HOW CAN WE REDUCE WORKERS' COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

**Documentation**

Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

# DOCUMENTATION



- **Accident Investigation Forms**
  - Employee Statement
  - Medical Release
  - Witness and Un-witness Statements
- **Third Party Involvement**
- **Contract Review**

# HOW CAN WE REDUCE WORKER'S COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

Documentation

Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

# MANAGING INSURANCE VENDORS: INSURANCE COMPANY ADJUSTERS/THIRD PARTY ADMINISTRATORS (TPAS)

- **Designated Adjusters**
- **Tailored Claim-Handling Instructions**
- **Reserves & Settlement Consultation Levels**
  - **Medical Only**
  - **Lost Time/Disability Period**
  - **Permanent Partial Disability Settlement**
- **PPO Network**
- **Posting Notices & State Forms**
- **Claim Reviews**
- **Vendor Management**
  - **Surveillance**
  - **Defense Counsel**
  - **Medicare Compliance Specialists**

# HOW CAN WE REDUCE WORKER'S COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

Documentation

Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

# MANAGING MEDICAL PROVIDERS

- **Selection and Relationship**
- **Clinic Protocols**
  - Over-the-Counter vs. Prescription
  - Employer Contact
  - Return to Work
  - Doctor's Release
  - Diagnostics



# HOW CAN WE REDUCE WORKERS' COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

**Medical Case Management**

Documentation

Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

# MEDICAL CASE MANAGEMENT

- **Network of Nurses**
  - When to Retain
  - Relationship between Nurse Case Manager (NCM) and Adjuster
- **Nurse Case Manager Role**
  - Claim Consultation
  - Return to Work
  - Employer/Employee Liaison
- **Peer-to-Peer Doctor Reviews**
- **Challenge PPD Ratings**
- **Independent Medical Exam (IME)**
  - Second Opinions





# HOW CAN WE REDUCE WORKERS' COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

Documentation

**Aggressive Return to Work Programs**

Managing Insurance Vendors

Detecting Fraud

# AGGRESSIVE RETURN TO WORK PROGRAMS

- **Implementation**

- Management Commitment
- Staffing
- Develop Job Descriptions
- Job Duties/Others

- **Alternative Job Solutions**

- **Interactive Process**

- **Benefits**

- Reduction in Total Claims Costs
- Reduce or Eliminate Lost Time Days
- Reduce Retraining or Hiring Costs
- Impact to Worker

# HOW CAN WE REDUCE WORKER'S COMP COSTS?

Safety Program

Managing Medical Providers

Employer Response to an Injury

Medical Case Management

Documentation

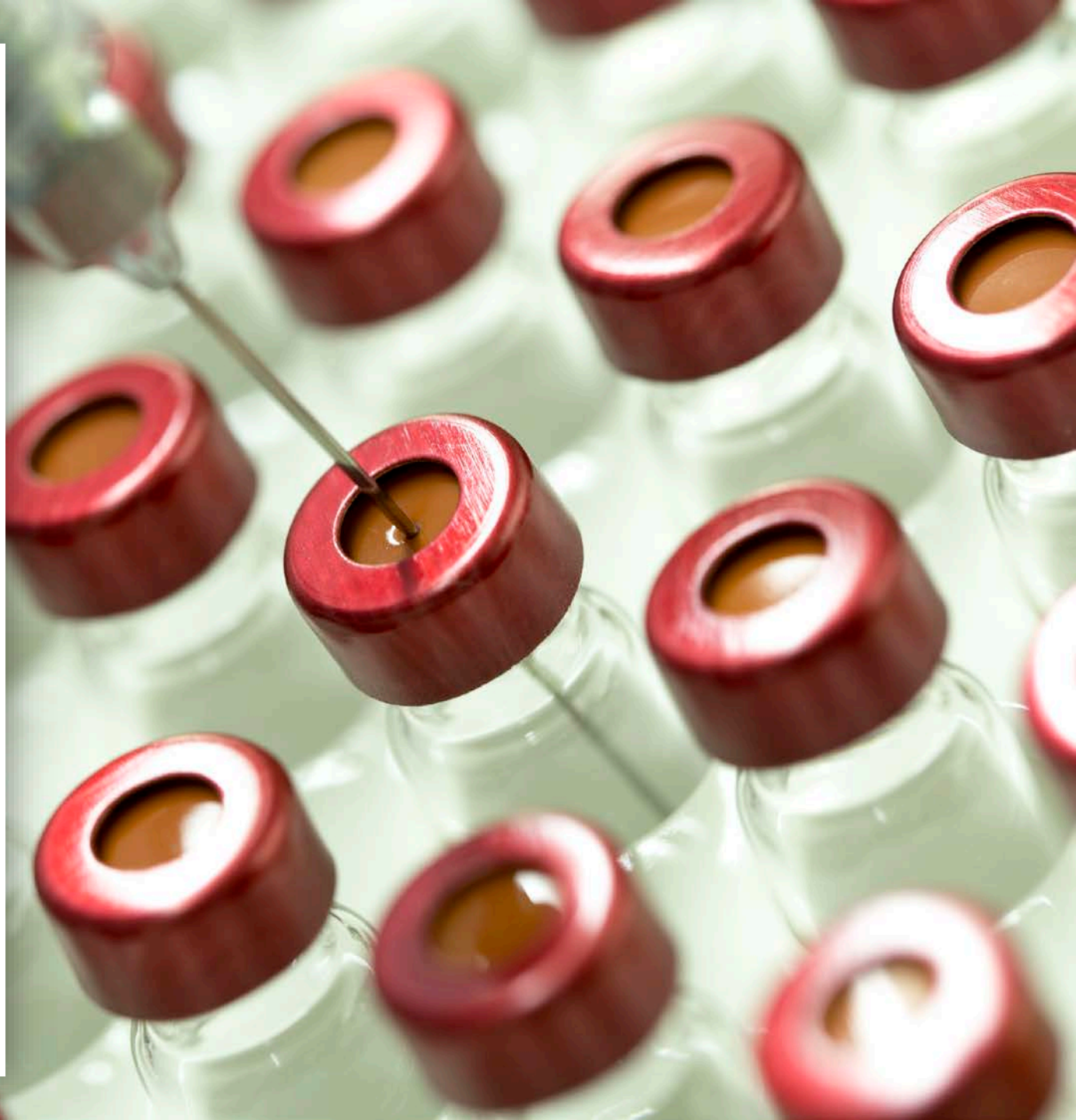
Aggressive Return to Work Programs

Managing Insurance Vendors

Detecting Fraud

## DETECTING FRAUD

- Claimant Fraud
- Legal Provider
- Medical Provider/Pharmacy
- Misclassification
- Underreported Wages



EMR

WHY DO WE CARE?



**WHAT GETS  
MEASURED  
GETS DONE!**

THANK YOU!

**NIA** | National Insulation  
Association<sup>®</sup>

THE VOICE OF THE INSULATION INDUSTRY™