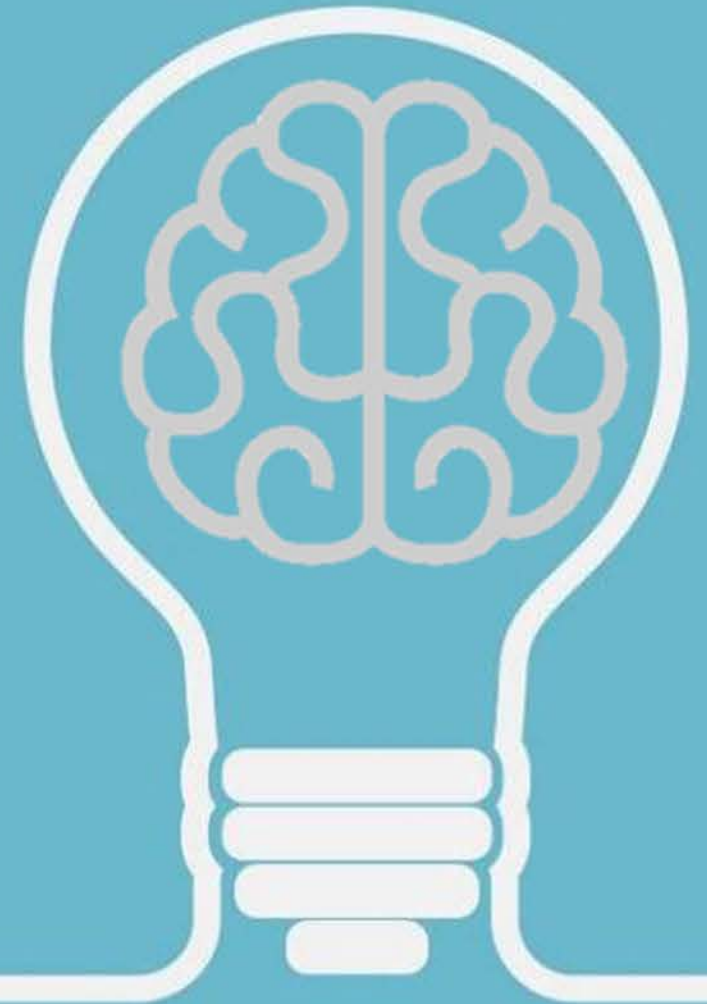


Next-Level Leadership

for an on-demand world





Next-Level Leaders





Next-Level Leadership Differentiators

1. **Accountable**
2. **Empathetic**
3. **Empowering**



“Stressed Out”

A decorative border surrounds the central text, consisting of horizontal and vertical bars in yellow, blue, green, and red. The bars are arranged in a repeating pattern along the edges of the page.

Accountable

Intentions

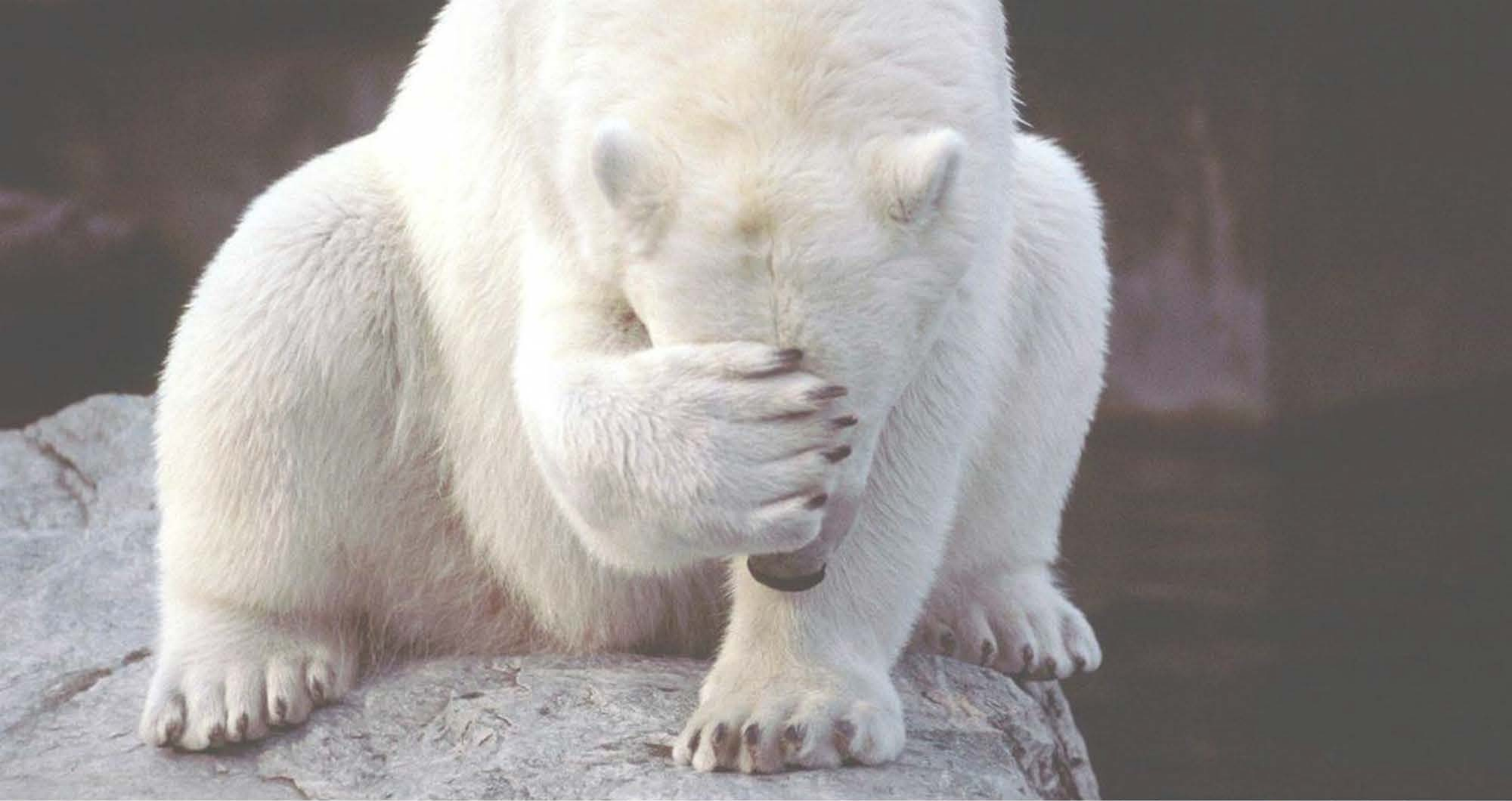
Impact

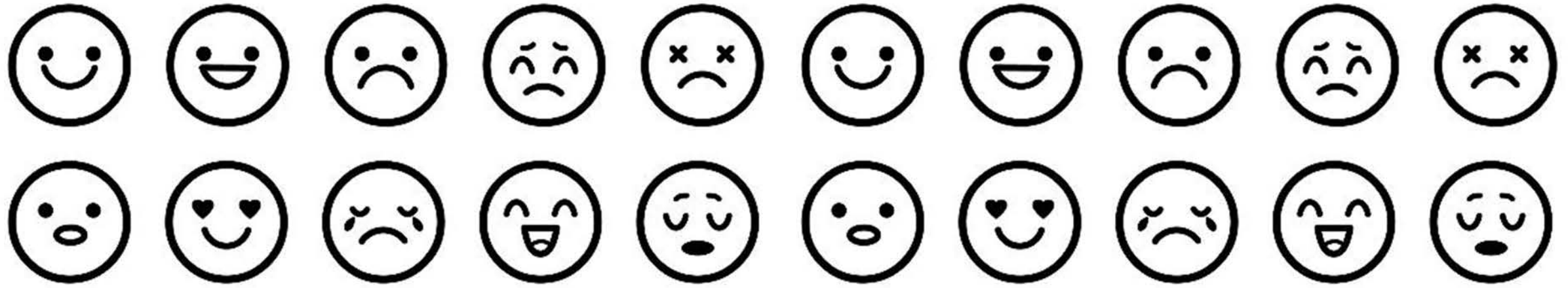
What you meant

Intentions

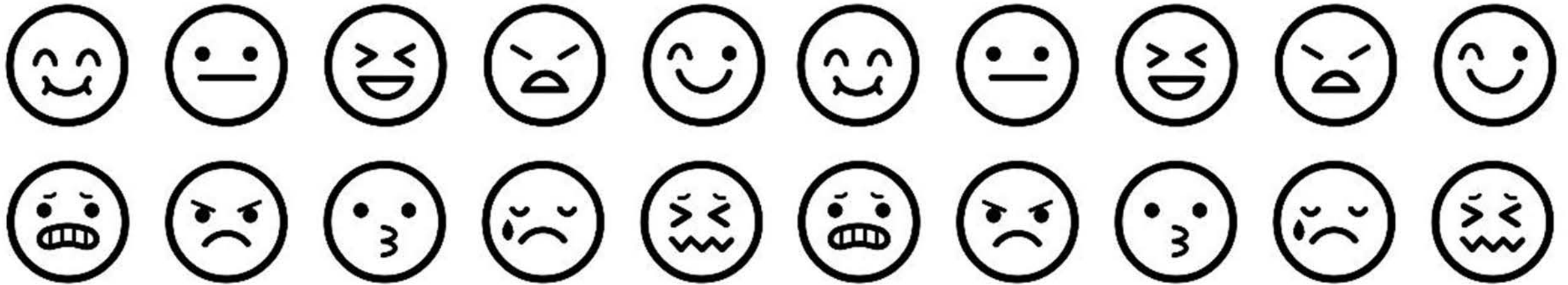
How they felt

Impact



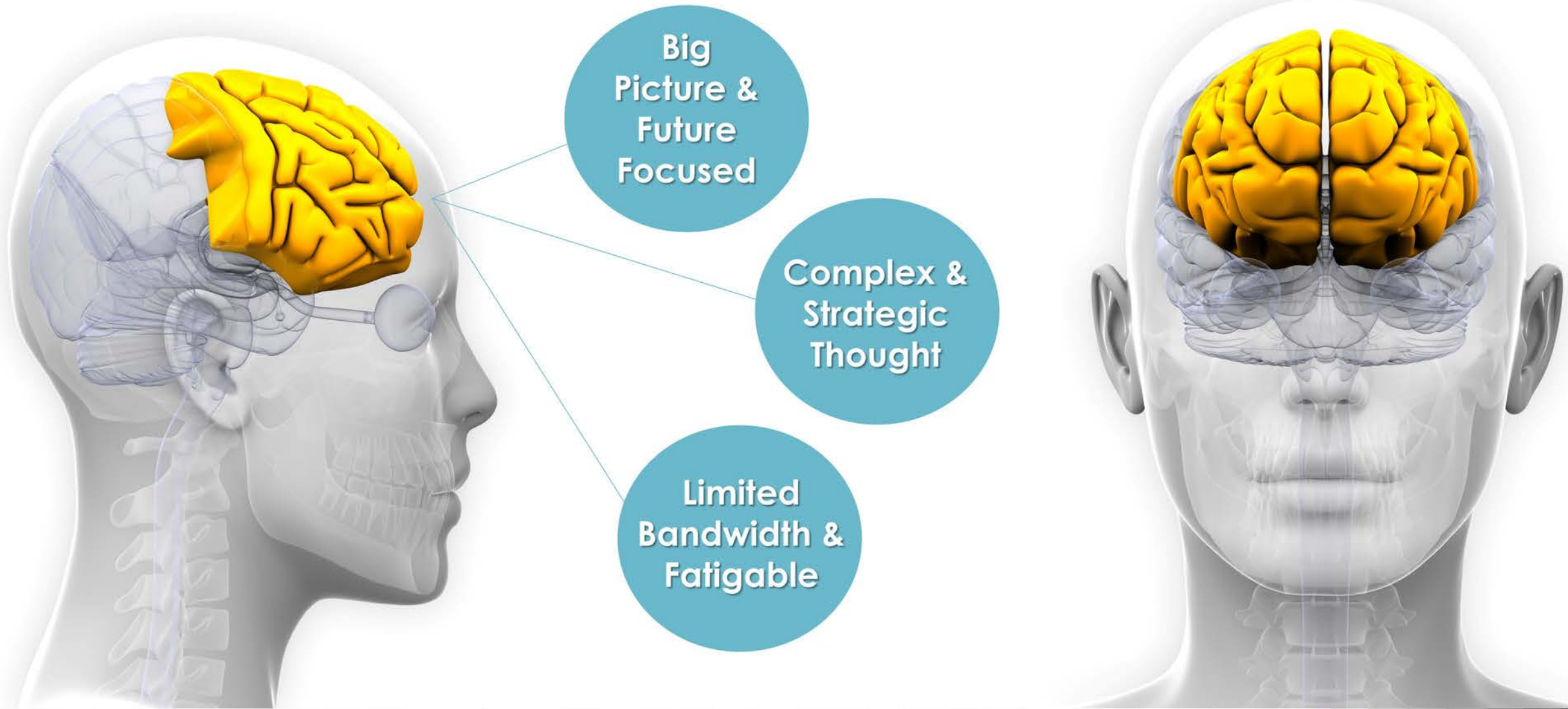


Accountability Gap

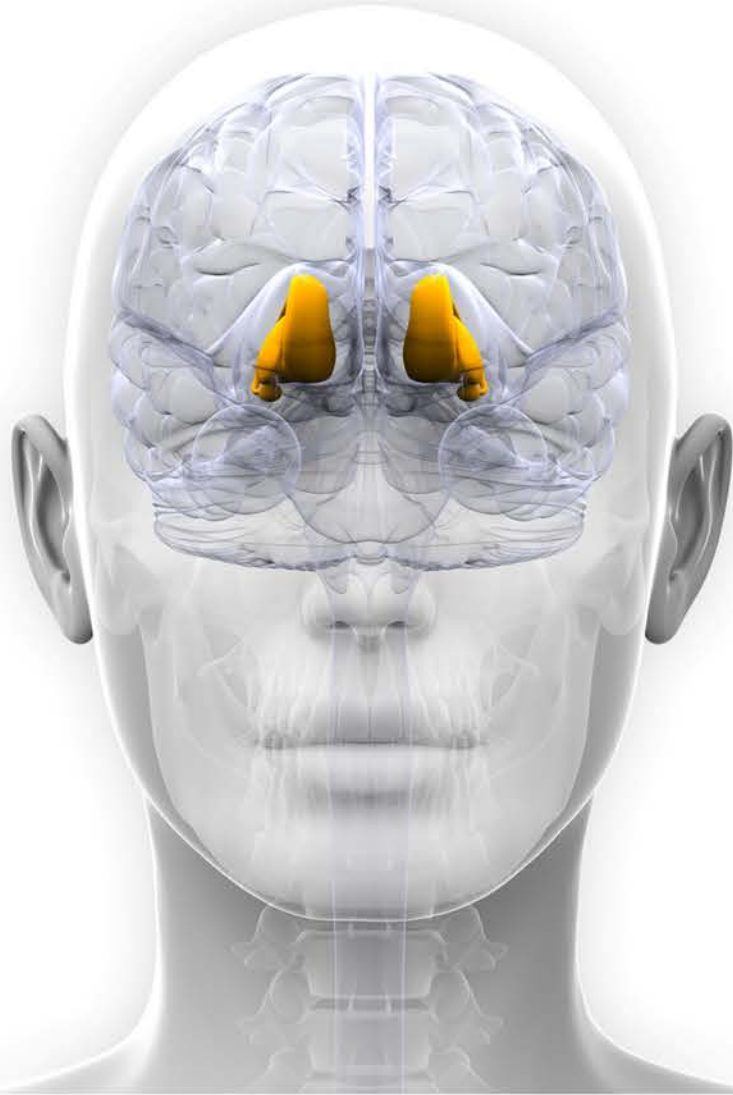




Slow Thinking System



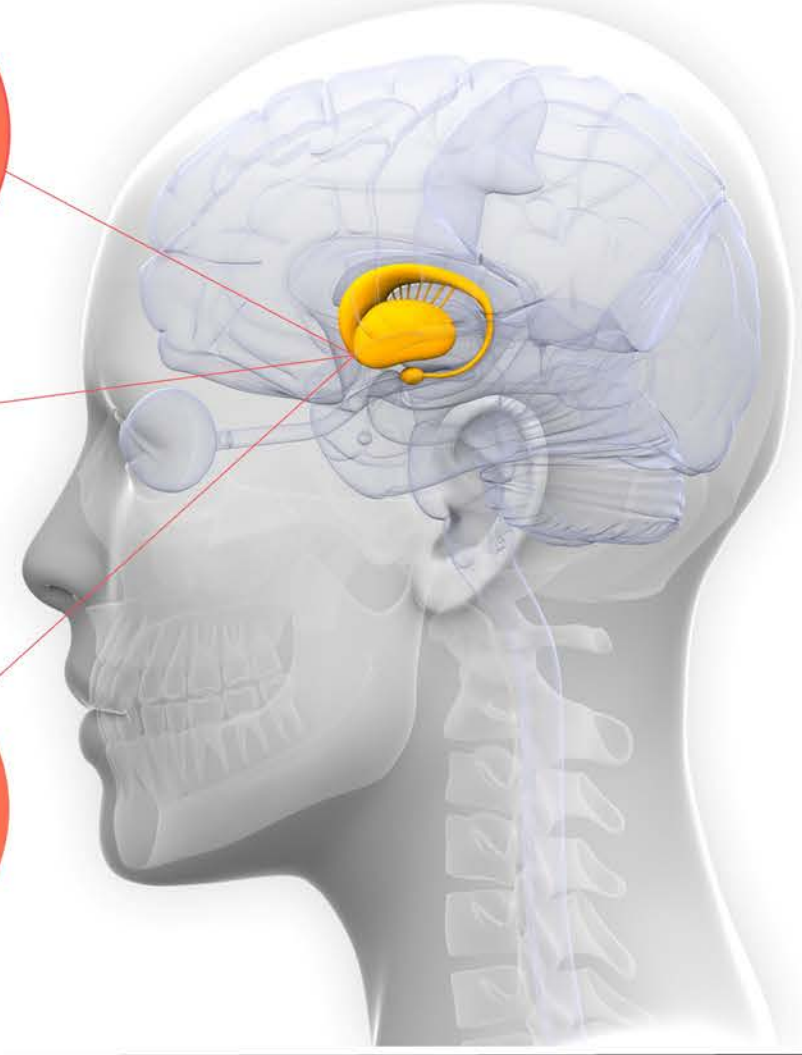
Fast Acting System

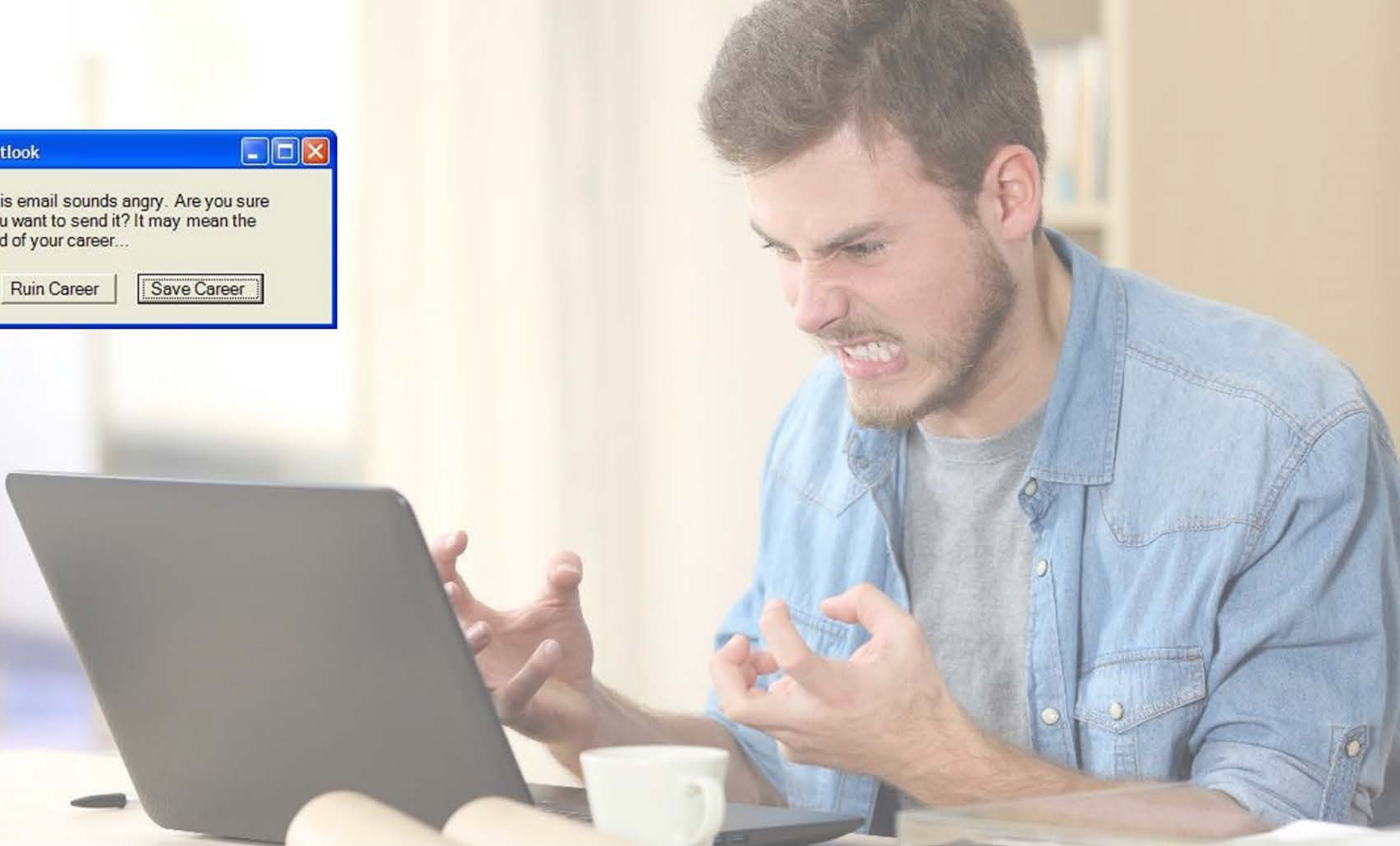


Survival
& Learning

Stress
Response

Negatively
Biased





S

L

O

W

Stop – *intercept your emotional reaction*

L

O

W

Stop – *intercept your emotional reaction*

Language – *body language check-in*

O

W

Stop – *intercept your emotional reaction*

Language – *body language check-in*

Oxygenate – *reground with your breath*

W

Stop – *intercept your emotional reaction*

Language – *body language*

Oxxygenate – *reground with your breath*

Wonder – *I wonder...what's my impact?*

Next-Level Leaders:

Accountable leaders are *willing to unlearn* outdated approaches that no longer serve their impact & *re-learn* new approaches that serve the future of work.

Option #1:

Text the word

“IMPACT”

to

585-332-2283

OR scan 



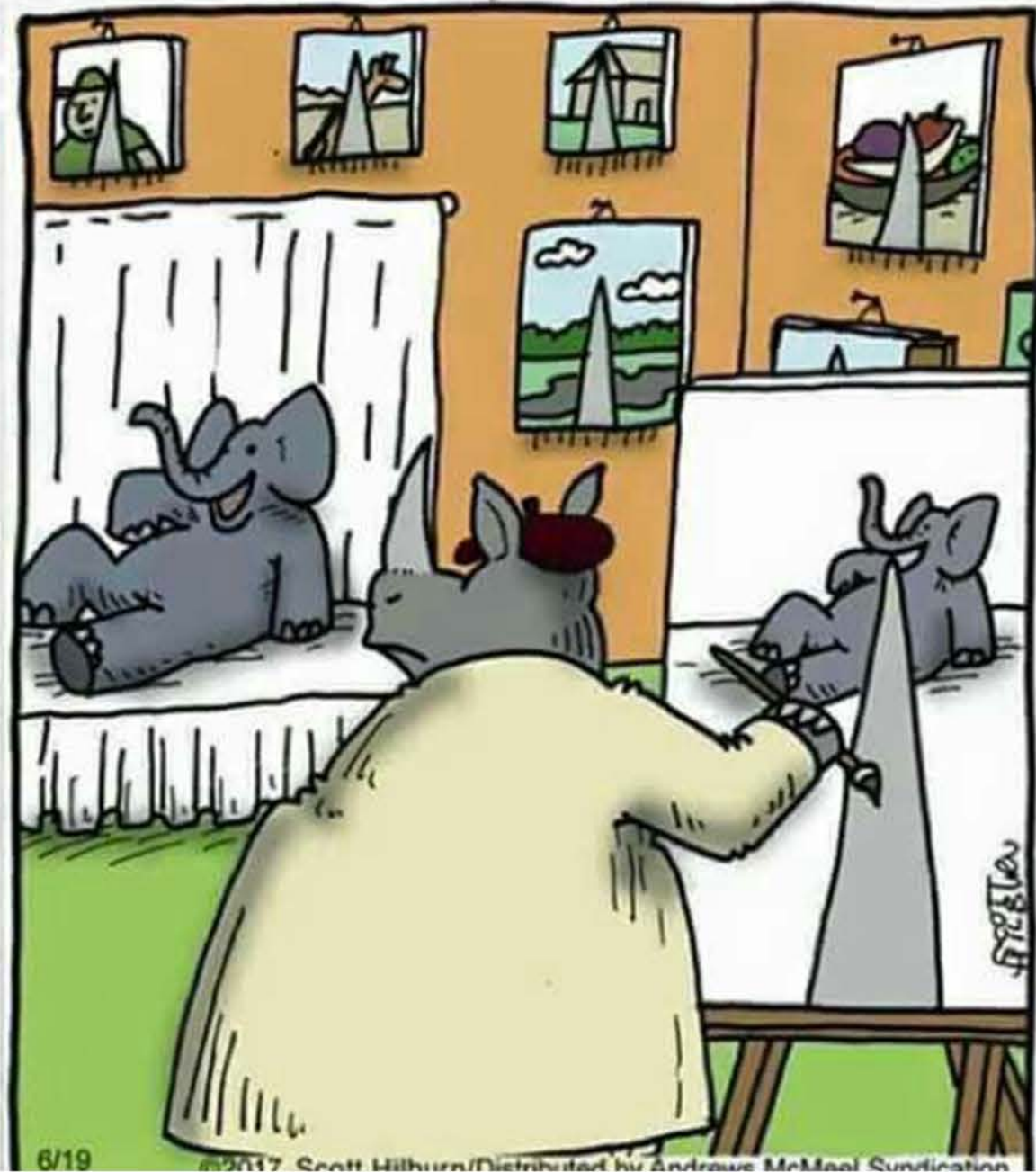
SCAN ME



Empathy

The first
casualty of
stress is
CURIOSITY



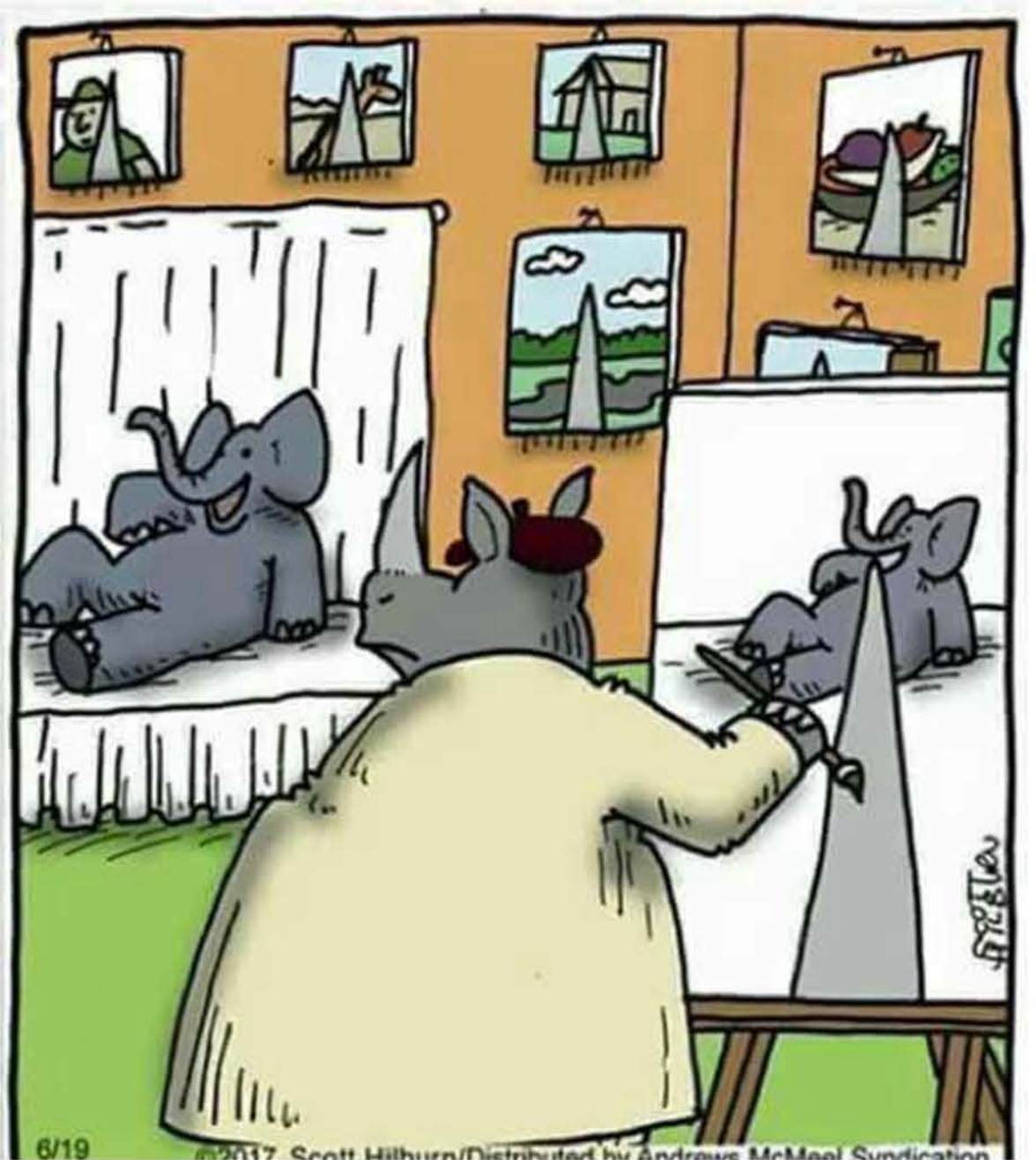


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Your *Perspective*
Your *Opinions*
Your *Experiences*
Your *Values*
Your *Beliefs*
Your *Needs*
Your *Understanding*
Your *Observations*
Your *Timeline*
Your *Intentions*



Logic → **Emotion**

What's
wrong
with
them?!



What's
wrong
with
them?!



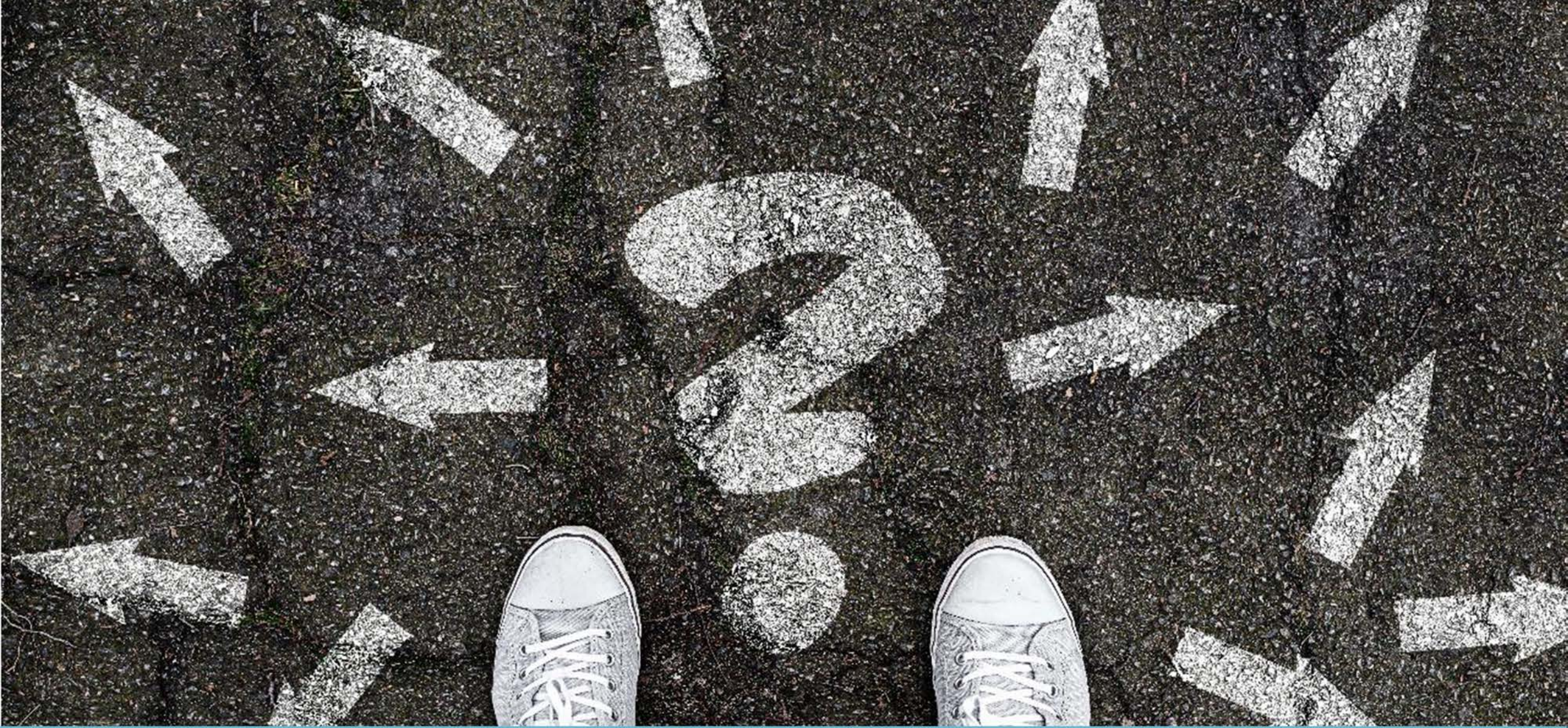
What's
going on
with
them?




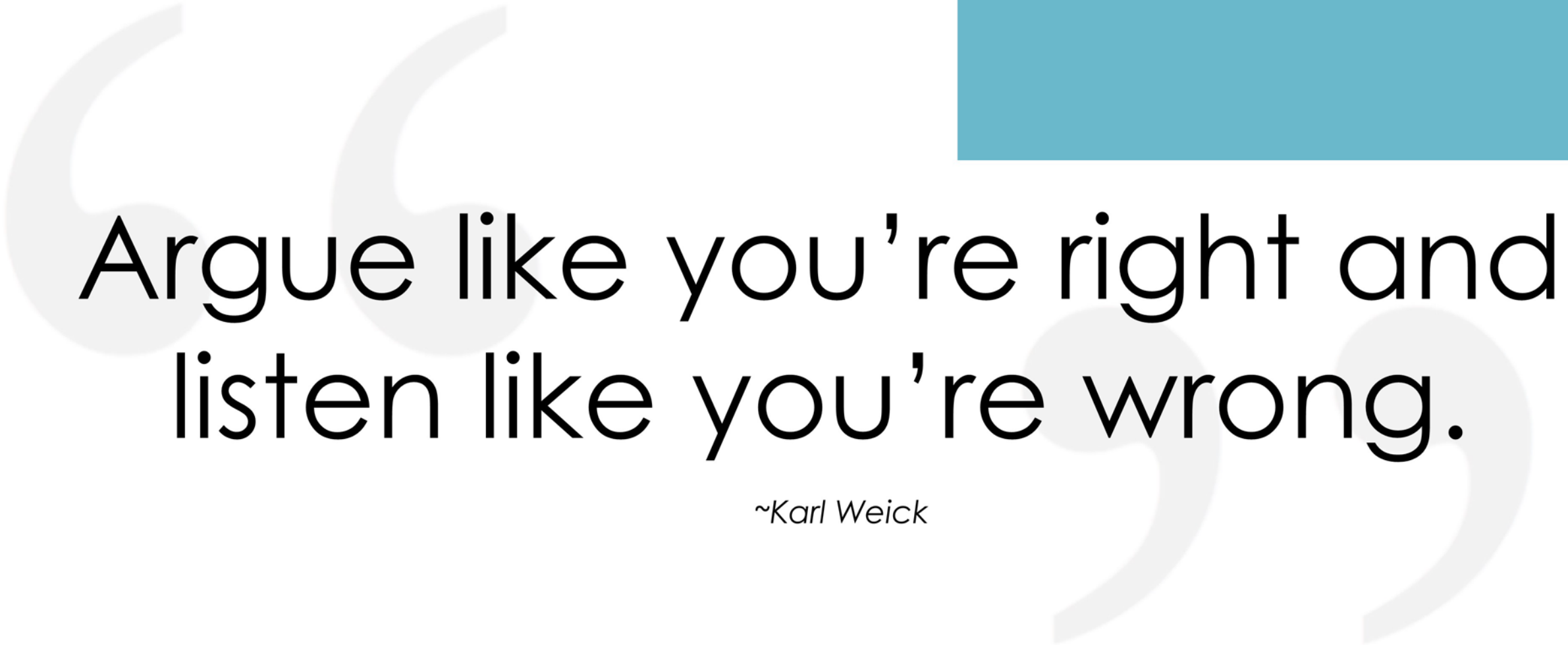
Emotions



Logic



Meet them where *they are*...



Argue like you're right and
listen like you're wrong.

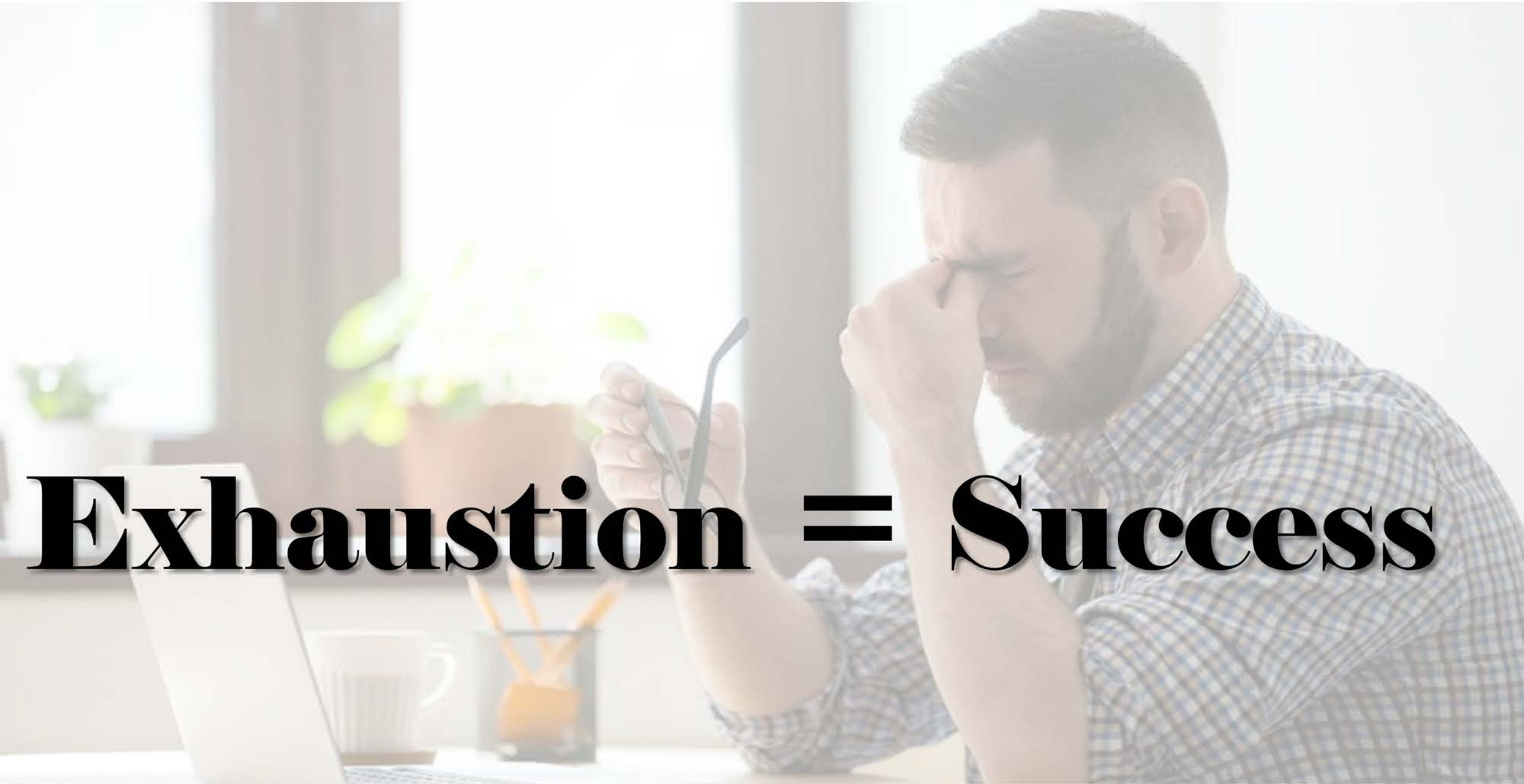
~Karl Weick

Next-Level Leadership:

Empathetic leaders dial up their level of 'wonder' by *asking more questions and considering all answers.*

A decorative border surrounds the central text, composed of horizontal and vertical bars in yellow, blue, green, and red. The top border has four segments: yellow, blue, green, and red. The bottom border has four segments: red, green, blue, and yellow. The left and right borders are vertical, with segments in red, green, blue, and yellow from top to bottom.

Empowerment



Exhaustion = Success



Exhaustion ~~=~~ Success

Next-Level Leadership:

Exhausted leaders *carry people through* challenges.

Empowering leaders *build people up* to handle challenges.

Own your impact

- S.L.O.W. down

Stay Curious

- Start from where they are

Role Model the Solutions You Seek

- Build people up



Follow-Up Resources

Either:

1) Text the word “**IMPACT**”
to **585-332-2283**

2) Scan 



3) Email: **sara@sarajross.com**, Subject: Impact